

Lower School Sample Schedule

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|--|---|----------------------------|---|--|
| 8:15-9:00 | Optional: Morning Announcements and Daily School-Wide Shaharit T'filah (Morning Prayers) | | | | Kabbalat Shabbat Online |
| Morning Meeting 9:00-10:00 | Small Group instruction Hebrew and Judaic Studies | Small Group instruction Hebrew and Judaic Studies | Judaic Studies | Guidance Lesson: Topic: Mindfulness and stress management | |
| 10:15-11:15 | General Studies | Judaic Studies | General Studies | Judaic Studies | |
| Specials 1 11:30-12:00 | Small Group Hebrew conversation | Small Group Hebrew conversation | PE Online Field Day | Science | Science |
| Lunch 12:00-1:15 | Lunch | Grade Meeting | Lunch Group Hangouts | Lunch | Lunch |
| Minhah 1:15-1:30 | Optional: Daily School-Wide Minhah T'filah (Afternoon Prayer) | | | | |
| 1:30-2:00 | Small Group Hebrew conversation | Math | Small Group Hebrew Reading | Small Group Hebrew Reading | Math |
| Specials 2 2:00-3:00 | Elective <ul style="list-style-type: none"> Orchestra PE | Art | Choir | Elective <ul style="list-style-type: none"> Music Israeli Dance | Elective <ul style="list-style-type: none"> Q&A with Rabbi Bellas Concert Band |
| 3:00-4:00 | Individual Hebrew Reading and Conversation Learning | | | | |
| Specials 3 5-5:30 | | STEM Wow of the Week | | Invention Share | |
| 5:30-6:00 | Rabbi Bellas Harry Potter Read Aloud | Rabbi Bellas Harry Potter Read Aloud | | Rabbi Bellas Harry Potter Read Aloud | |

Highlights of the Lower School Schedule:

- Maintains many of consistent activities to help young children keep structure in their day
- Short, hands-on synchronous classes with both whole class and small group instruction so children can interact with their classmates but have important learning time with 2-4 other children.
- Specials throughout the week to engage students in different types of learning and fun.
- A mixture of synchronous, independent, whole group, small group and learning modalities to help every type of learner be successful throughout the day and week.

Below you will find the number of minutes per day that students should be spending on work for each subject.
 These minutes include: Live Instruction + Independent Work
 (Morning Meeting is not included in the total instructional minutes for any subject.)

| | JK | K | 1 | 2 | 3 | 4 | 5 |
|--|---|----|---|----|----|----|----|
| English and Social Studies | 45 | 45 | 45 | 60 | 60 | 60 | 60 |
| | (Does not include 20-30 min of independent reading) | | | | | | |
| Math | 20 | 20 | 20 | 30 | 30 | 30 | 30 |
| Hebrew and Judaic Studies | 45 | 45 | 45 | 60 | 60 | 60 | 60 |
| Science | 30 | 30 | 30-minute lesson + 40-minute independent work | | | | |
| Specials: Physical Education, Art, Library, Israeli Dance, Music | 30 | 30 | 30 | 30 | 30 | 30 | 30 |